Learn what it takes to become a part of the Los Angeles County Fire Department

**GIRLS FIRE CAMP: LIFEGUARD DAY**

For girls ages 14 - 19

Saturday, October 29, 2016

9:00 a.m. - 3:00 p.m.

Continental breakfast and lunch will be provided. This program is sponsored by the L.A.Co.FD and there is no cost!

**LA County Fire Department Lifeguard Division**

Training Center
2600 The Strand
Manhattan Beach, CA 90266

**RSVP Mandatory**
Please contact the Recruitment Unit
Captain Brent Burton
Phone: (310) 419-2115 or Email: RecruitmentUnit@fire.lacounty.gov

This camp will be led by the women of the Los Angeles County Fire Department: Lifeguards & other professional staff.

Please wear exercise attire. Loose fit clothing such as shorts and sweat pants are recommended. Remember sunscreen, a change of clothes, and plenty of water.